



RRR Program Overview

RRR is a multimedia, non-fiction curriculum that is uniquely designed to focus on providing accurate and age-appropriate information about alcohol and tobacco, marijuana, as well as steroids, over-the-counter (OTC) prescription drugs, heroin and the potential consequences from use of these substances.

- The purpose of the school-based prevention program is to have a brief, universal, classroom-based program that impacts a change in attitudes and behaviors by providing accurate information, reviewing consequences and reducing youth use.
- The lessons use context-based videos, print resources and embrace a social work approach of the Mutual Aid Model designed to enhance the discussions and activities where peers can learn from each other under the guidance of an adult facilitator.
- **Refuse, Remove, Reasons** is listed on the National Registry of Evidence Based Programs and Practices (NREPP) and the New York State Office of Alcoholism and Substance Abuse Services (OASAS) Registry of Evidence-Based Programs and Strategies.
- **Focus** on providing accurate and age-appropriate information about alcohol and tobacco, marijuana, as well as steroids, over-the-counter (OTC) and prescription drugs, heroin and the potential consequences from use of these substances.
- Context-based videos and print resources that embrace a social work approach of the Mutual Aid Model designed to enhance the discussions and activities where peers can learn from each other under the guidance of an adult facilitator.

Components for Classroom Curriculum

- Five video-based in-class lessons accessed through the Internet website
 - Each video is followed by 6 to 9 focused questions that provide the opportunity for a guided discussion to decrease favorable attitudes, to practice refusal and assertiveness skills and to integrate the information in the presence of a trained facilitator and positive peer group.
 - Each activity is 10-15 minutes and has a printable worksheet.
 - Activities reinforce the lesson objectives and provide additional opportunities to focus on healthy decision-making.
- Three homework videos and assignments
 - For the first three lessons, the session ends with the homework video viewed in class
 - One printable reflection page to be completed for homework
- Fact sheet with current research and data for each substance
- A detailed, step by step facilitator guide designed to provide maximum uniformity in curriculum implementation.
- Three supplemental videos with discussion questions are included to continue the learning
- Parent segments include 13 videos, facts, research, and questions to foster conversations about the topics at home.

Research outcomes*

- Decreased getting drunk from alcohol
- Increased perceived risk of drug use
- Decreased social norms and acceptance of drugs
- Increased perception about negative consequences of drug use

**This information is from the 2015 research will be published in summer 2017. For earlier research, please see 2012 report found on both the RRR and the CWK websites.*



Connect with Kids